

# Use an EpiPen<sup>®</sup> to help save a life

## Allergy exposures:

1



## Severe reaction symptoms (continuous/getting worse):

2



Pale and floppy



Dizziness



Difficult or noisy breathing



Wheeze or persistent cough



Swelling or tightness in throat



Swelling of tongue



Difficulty talking or hoarse voice



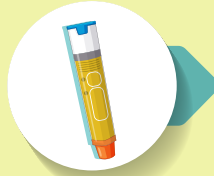
Abdominal pain, vomiting

## Use an EpiPen<sup>®</sup> if these symptoms continue

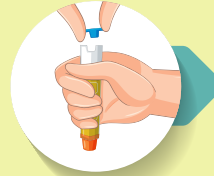
3



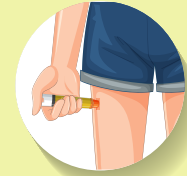
Lie person flat



Get EpiPen<sup>®</sup>



Remove blue cap



Push firmly to thigh. Hold for 3 seconds.

Blue to the sky Orange to the thigh

## ACTIONS

4



Call 111 and say "anaphylaxis"



Stay with person



Emergency services arrive



Thanks for stepping up to help save a life