

Use an EpiPen[®] to help save a life

Allergy exposures:

1



Severe reaction symptoms (continuous or getting worse):

2



Swelling of
tongue/throat



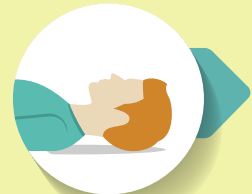
Difficult or noisy
breathing



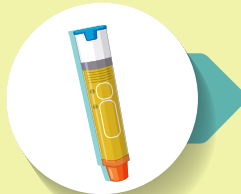
Pale, floppy, dizzy
or not making sense

Use an EpiPen[®]

3



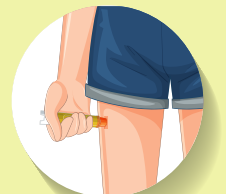
Lie person flat



Get EpiPen[®]



Remove blue cap



Push firmly to thigh.
Hold for 3 seconds.

Blue to the sky Orange to the thigh

ACTIONS

4



Call 111 and say
"anaphylaxis"



Stay with
person



Emergency
services
arrive



Thanks for
stepping up to
help save a life